

Dyspraxia

is caused by **changes** to the part of the **brain** that **co-ordinates movement**.

Messages sent from the brain that tell our muscles how to move, get **jumbled up**.

Dyspraxia appears as **groping**, **uncoordinated movements**.

Sometimes the target sound may be achieved and sometimes not.

Speech can sound like **nonsense**.

Speech Dyspraxia

often co-occurs alongside difficulties with language and/ or cognition.



It depends whereabouts in the brain damage has occurred.



Find Out More

www.asha.org/public/speech/disorders/ApraxiaAdults

www.dyspraxiafoundation.org.uk/dyspraxia-adults/

www.nhs.uk/conditions/dyspraxia-in-adults/Pages/



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Dyspraxia



Information Leaflet



Dyspraxia

is a motor programming disorder



Cognition and thoughts are intact.

Building words and sentences is intact.



Messages sent from the brain to tell the speech muscles how to move to say the words get jumbled up.



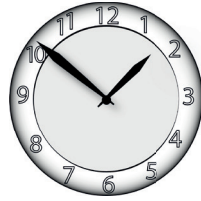
Muscle strength, range and speed is intact.



Dyspraxia does NOT affect intelligence



Managing Dyspraxia



Take plenty of time
Try and stay relaxed



Use gesture,
facial expression
body language
to support
verbal communication



Try writing
drawing



Aim for
relaxed,
social
communication.



Communicating with
Dyspraxia can be really
frustrating!

Feelings of anger and frustration will
make finding the right sounds harder!
Sometimes the best thing to do is **STOP**
and try later.

Dyspraxia Therapy

The **Speech and Language Therapist**
will assess the nature of your Dyspraxia.

You will be provided with a **therapy**
programme specific to your needs.



Therapy may focus on:

Strategies to overcome difficulties.

Activities to reduce impairment.

Overcoming **impact** of dyspraxia on
your lifestyle.

The importance of chatting!



Speech flows easiest in social,
everyday conversation.
Pressure to say specific words on
cue is not helpful.